



Summer Recreation CIT Program

Goal:

To educate and train young men and women to become effective and talented counselors.

Eligibility:

Completed 7th grade through completing 10th grade.

Objectives:

By the end of the program, all participating CITs will have:

- Observed a variety of different activity areas
- Demonstrated the ability to teach an activity
- Assisted with daily duties
- Actively participated in discussions/meetings each week
- Planned and executed an activity
- Completed weekly evaluations with the CIT supervisor

Methods:

CITs will reach these objectives by the following means:

- Experiential learning by shadowing and assisting staff
- Observation of staff teaching and coaching techniques
- Participate in activities, special events, trips, support services, and meetings
- Discussions/seminars with fellow CITs, mentors, and supervisors

Participation in the planning, design, and execution of recreation activities

Evaluation, feedback, and assessment from peers, supervisors, and self

Role:

The CIT's role at summer rec is to learn about the program, our mission, and how to effectively teach, coach, and counsel children. Although CITs will sometimes participate in a similar capacity to a full staff member, they will have less responsibility with supervising participants, and more emphasis on learning and training.

Overview:

Dansville Community Center's Counselor-in-Training program lasts for up to two summers depending on the age at which a CIT joins (completed 9th or completed 10th grade only).

There is no compensation for this program, rather it is designed to provide valuable work experience and entry level job training.

Our goal is to have a CIT finish the program having acquired all the necessary skills to become an effective and talented youth worker for the summer recreation program.

How it Works:

CITs will be given hours to work at Summer Recreation in one of 2 locations, the Dansville High School and Dansville Community Center. Hours will be established and monitored before the program begins. CITs will have a supervisor that works with them directly. They will meet daily. The purpose of the meetings may vary but they are essential to the structure of the CIT program in promoting the exchange of ideas and learning amongst the CITs. Meetings may be about planning events, discussing a teaching technique, or resolving a problem when one arises. Individual meetings will cover personal goals, individual performance, or personal issues. The individual meetings are important for the development and monitoring of a CIT's growth and learning.

Drinking, smoking, drugs:

All CITs are under twenty-one, and therefore must abide by state and federal laws which prohibit the use of alcohol or cigarettes. This should go without saying, but we cannot overemphasize the importance of these rules. Under no circumstances, for any reason, at any time whilst a CIT with us at Summer Recreation, will any use of alcohol, cigarettes, or drugs be tolerated. Parents entrust us with their children therefore we have NO tolerance for unprofessional or irresponsible behavior.

Relationships:

Although CITs are not yet considered full staff members, a certain level of professionalism is expected in their behavior while at Summer Recreation. CITs should not engage in relationships beyond friendships with staff members or participants during camp. It is both against the law in some situations and compromises their position of authority.

Summary:

As previously stated, this is a meaningful program with many benefits for all involved. At the end of the program, a CIT should not only be very skilled in one or two particular activities, they should also have acquired life-long skills in leadership, communication, initiative, responsibility, and teamwork, which will serve them well in whatever they choose to do. We look forward to providing a fun, memorable work experience and expect that those who decide to join Summer Recreation will maintain our tradition of excellence!